Astrantia, Astrantia major

Astrantia is a genus of 8 or 9 species in the carrot family (Apiaceae). One of the most commonly available as a garden ornamental is A. major, native to mountain meadows, grasslands, woodland clearings and along streams in Europe and western Asia. With a common name of masterwort (also the common name for Peucedanum ostruthium) or great masterwort, or just astrantia, this herbaceous perennial is hardy in zones 4-7. The much less commonly available A. maxima is a bit taller than A. major, with flowers held not as far above the basal clump.

Plants grow in mounded clumps up to 1½ feet high and spread by stolons. The 3-6” long basal leaves are palmate with 3-7 deeply divided lobes and toothed edges, but the sparse leaves on the branched flower stems are narrow with three shallow divisions. The medium green foliage remains attractive throughout the season, but does not develop interesting fall color.

The plants bloom from summer through fall in dense, compact, domed compound umbels about an inch across on the ends of wiry stems held well above the basal foliage. Numerous (19-20) showy, papery, petal-like involucral bracts surround a group of many tiny, tightly packed flowers for a
The pink to red or white flowers have 5 petals and long stamens.
pincushion-like effect in shades of red, pink and white. The faintly fragrant, 5-petaled flowers with long stamens are pollinated by many types of insects, including bees, flies and beetles. The bracts usually remain attractive well after the flowers finish blooming and are excellent in dried arrangements. The umbels can be used as fresh cut flowers as well. Deadheading may encourage continued bloom. The spent foliage and flower stems can be cut back in fall or left for interest through the winter.

The flowers attract wasps (L), butterflies (LC), honeybees (C), native bees (RC), and flies (R) among others.

Astrantia adds interest in perennial beds and borders, cottage gardens, and shade or woodland gardens where they can be viewed up close so their small, exotic-looking flowers can be appreciated. These plants make good fillers, but don’t show particularly well from a distance, as the small size and muted colors of the flowers tend to disappear or blend in with everything else. The relatively fine textured foliage provides good contrast to hostas and other large-leaved plants. Combine astrantia with astible, ligularia, ferns and hostas in the shade or with ornamental grasses in sunnier areas. It also grows well in containers, but need protection over the winter if left above ground.

The dried bracts remain attractive after the flowers have finished blooming and can be used in dried arrangements.

Astrantia with hostas in a shady bed.
Astrantia grows best in part shade in rich, continuously moist soil with plenty of organic material. Ideal conditions are where the plant receives a few hours of morning sun and dappled shade for the rest of the day. The plants will grow in full shade will not bloom very prolifically. This species does not tolerate dry soil, so must be irrigated if rain is insufficient to keep the soil moist. It is fairly adaptable, and will even tolerate some standing water, so could be included on the edge of a bog garden. It does best in cool climates where night temperatures consistently dip below 70F, so is very suitable for most of the Upper Midwest. Plants can be fertilized in early spring and again at mid-summer, but probably is not necessary in rich soils. This plant has few pest problems, but may be attacked by aphids or slugs.

Propagate astrantia from fresh seed or divide established plants in early spring or fall. Seed needs to be cold stratified for 2-3 months in order to germinate, most easily accomplished by sowing directly in the garden in early fall, although they can be started indoors about 6 months before transplanting outdoors after the last frost. Scarification will enhance germination.

Some examples of cultivars include:

- ‘Abbey Road’ – is a vigorous, free-flowering patented selection (PP14961) developed for the cut flower industry with large, deep green leaves and violet-purple flowers on dark stems up to 28 inches tall. It is supposedly tolerates drier conditions than other varieties.
- ‘Alba’ – has greenish white flower heads.
- ‘Buckland’ – is one of the earliest varieties to flower with dusty-pink flowers surrounded by silver-green bracts veined with green tips.
- ‘Claret’ - has dark red flowers on nearly black stems up to 22 inches tall.
- ‘Hadspen Blood’ – is a vigorous variety with very dark red flowers held high over the foliage.
- ‘Lars’ – a Danish cultivar with red to maroon bracts and white to pink centers, for an overall pink effect, on dark stems.
- ‘Magnum Blush’ – is a vigorous, heavily reblooming cultivar with large pink buds that open to large, pink-blushed, ivory-colored flowers.
- ‘Moulin Rouge’ – is a patented cultivar (PP16549) with deep red, pointed bracts with purple-red to black tips surrounding the green and red flowers. It may rebloom in fall if cut back.
- ‘Roma’ – is a patented cultivar (PP11470) with rose-red florets and light silver-pink bracts. This cross of A. major ‘Ruby Wedding’ and an unnamed selection of A. major var. involucrata does not produce seed.
- ‘Rubra’ – is very floriferous with dark red bracts and flowers.
- ‘Ruby Cloud’ – has red florets with greenish or pinkish-tinged bracts.
- ‘Ruby Wedding’ – has blooms early with dark red flowers and may rebloom.

Astrantia grows best in rich soil in part shade.
‘Shaggy’ – has larger flowers with especially long, soft-looking white bracts with green tips surrounding pale pink centers. It was given the Royal Horticultural Society’s Award of Garden Merit in 1993.

‘Snowstar’ – has large, pale greenish-white flowers bigger than the flowers of ‘Alba’.

‘Star of Beauty’ – has a two toned effect with pink-purple bracts and white and purple flowers.

‘Star of Billions’ – is a vigorous, floriferous selection with white flowers with greenish tips. Supposedly flowers all summer.

‘Star of Fire’ – has pink bracts tipped with black and dark stems.

‘Sunningdale Gold’ – has golden foliage and ivory white flowers.

‘Sunningdale Variegated’ – has variegated foliage with gold edges on many leaves (the younger leaves may be all gold) and pale pinkish white and green flowers. The variegation tends to fade as the leaves age. It was given the Royal Horticultural Society’s Award of Garden Merit in 1993.

‘Vanilla Gorilla’ – a green and white variegated cultivar with pink flowers.

‘Venice’ – exceptionally dark red flowers and upright habit.

– Susan Mahr, University of Wisconsin – Madison

**Additional Information:**

*Astrantia major* ‘Roma’ – on the Missouri Botanic Garden’s Kemper Center for Home Gardening website at www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=d787